

AMCAP FALL CONVENTION 2006

Joseph Smith Memorial Building

15 East South Temple — 9th Floor, SLC, UT CE Credits available

Helping and Healing our Families

Convention Chair: Shane Adamson, LCSW
Convention Co-Chair: Rebecca Jorgensen, Ph.D.

Thursday, September 28, 2006

8:00-8:30 am **Registration** *Prelude Music: Doug Brinley*

8:30 am **Welcome and Invocation**

8:30-8:45 am **Convention Theme Introduction:** *Shane Adamson LCSW, Convention chair*

8:45-9:45 am **Keynote Address:** "Helping and Healing our Families" *Editors: David Dollahite, PhD, Associate Director School of Family Life and Elaine Walton, PhD, Professor School of Social Work & Assoc. Dean of the College of Family, Home & Social Sciences.*

In August, 2005, *Helping and Healing our Families: Principles and Practices inspired by "The Family: A Proclamation to the World,"* was published by Deseret Book, August, 2005. Sponsored by the School of Family Life at Brigham Young University, this volume is designed to offer hope for families struggling with myriad of challenges and to provide resources for creating healthy family relationships and keeping families strong. Showcased in this book are the concerted efforts of 125 authors, including faculty across many disciplines at B.Y.U. and individuals with professional and personal experience in topics related to family life. Chapters draw on scholarly research, clinical experience, and teachings of the prophets. The proposed presentation will draw on the experience of the editors in working with, and learning from, the many talented contributors. Examples of clinical situations will be used to describe ways in which the publication might be useful to both clinicians and clients

Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: 0 Level of Learning: Intermediate

9:45-10:45 am **Plenary:** "Blended Families" *S. Brent Scharman Ph.D Assistant Commissioner for LDS Family Services working in missionary work and international development & Janet S. Scharman Ph.D, student life president at BYU, prior associate director of Counseling and Career Center. Both Brent and Jan have served as AMCAP prior presidents*

Half of all recent marriages in the United States are remarriages for the husband, wife, or both. About one-third of children in this country will live in a blended family before they become adults. Because remarriage is born out of loss and these situations tend to be more complicated than first-marriage situations, blended families may seek professional help. Their most common complaint about these experiences, however, is that their therapist did not understand some of the challenges unique to blended families. This session will focus on understanding blended families and conditions that strengthen them.

Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: 1.0 Level of Learning: Intermediate

10:45-11:00 am **Break**

11:00-12:25 pm **Concurrent Workshops**

1. "The Pharisee and the Sinner: Identifying and Treating the Relationship Dynamic of Marriage." *Jeff S. Reber Ph.D., Associate Professor of Psychology at University of West Georgia & Brent M. Snow, Ph.D., Professor and Chair of the Department of Counseling and Educational Psychology at the University of West Georgia.*

Psych Credit: 1.5; NBCC Credit Hours: 1.5; CBBS Credit Hours: 1.5; NASW Credit Hours: 1.5 Level of Learning: Advanced

2. "The Effects of Father Presence/Absence and Care/Abuse on Future Generations: Implications for Therapists"

Rosa Hubbard-Ford, Masters in Counseling, Reading University, UK, Doctorate in Psychotherapy in process and is also studying at Metanoia Institute in conjunction with Middlesex University, London

Psych Credit: 1.5; NBCC Credit Hours: 1.5; CBBS Credit Hours: 1.5; NASW Credit Hours: 1.5 Level of Learning: Intermediate

3. "Helping and Healing our Families: Working with Victims of Domestic Violence" *Gary G. Felt, M.A., M.H.C., B.C.E.T.S., Certified Domestic violence treatment provider, 30 years of experience in law enforcement, Washington State*

Psych Credit: 1.5; NBCC Credit Hours: 1.5; CBBS Credit Hours: 1.5; NASW Credit Hours: 1.5 Level of Learning: Intermediate


4. "Cyber Infidelity: Implications and Intervention Strategies for Therapists" *Michael Howard Ed.D, LPC, LMHC, CSAT, CSAC, NCC, and CCMHC Chaplain for the US Navy, Adjunct Instructor for Coastal Carolina Community College, North Carolina.*

Psych Credit: 1.5; NBCC Credit Hours: 1.5; CBBS Credit Hours: 1.5; NASW Credit Hours: 1.5 Level of Learning: Intermediate

12:30-1:45 pm **Lunch- Candidate Introduction** *Musical number: Dean Connelly, Guitar Solo "Celebrating Marriage & Family"*

1:50 – 3:15 pm **Concurrent Workshops**

Academic Emphasis 

Clinical Emphasis 

1. "Breaking the Chain of Negative Family Influences" *Dean E. Barley Ph.D., Associate Director for Clinical Services Comprehensive Clinic BYU. Roberta Magarrell Ph.D., Assistant Professor for the Professional Track, BYU School of Family Life.*
Psych Credit: 1.5; NBCC Credit Hours: 1.5; CBBS Credit Hours: 1.5; NASW Credit Hours: 1.5 Level of Learning: Intermediate

2. "Building Happy Homes: Enjoying the Ride " *Dr. Dean B. Connolly, DDAS and Joan Connelly, B.S., parents of 13 children; have taught Marriage Enrichment Weekends for 25 years; frequent speakers at firesides, all-day conferences, and have participated in the Governor's Conference on Marriage & Family.*
Psych Credit: 1.5; NBCC Credit Hours: 1.5; CBBS Credit Hours: 1.5; NASW Credit Hours: 0 Level of Learning: Intermediate

3. "Spiritual Precepts and their Application for Positive Parenting " *Abbie Vianes, MPC Coordinator of the Salt Lake City Mayor's Coalition on Alcohol, Tobacco and Other Drugs; certified trainer in PREP, 8 Habits of Successful Marriages (Franklin/Covey), Survival Skills for Healthy Families, Love and Logic Parenting, and Positive Indian Parenting which is principle driven.*
Psych Credit: 1.5; NBCC Credit Hours: 1.5; CBBS Credit Hours: 1.5; NASW Credit Hours: 1.5 Level of Learning: Beginning

4. "Pregnancy and Postpartum Mood Disorders" *Christina Hibbert Psy.D, founder of the Arizona Postpartum Wellness Coalition; co-creator of a post-partum treatment training program ,an educational video, and literature on women's reproductive mental health.*
Psych Credit: 1.5; NBCC Credit Hours: 1.5; CBBS Credit Hours: 1.5; NASW Credit Hours: 1.5 Level of Learning: Intermediate

3:15 - 3:25 pm **Break**

3: 30-4:30 pm **Plenary Session "Healing Wounds of Infidelity" Mark Butler Ph.D., Professor at the BYU School of Family Life and is a practicing Marriage and Family Therapist, Speaks at Nation wide on the topic of Forgiveness and Infidelity.**
Marital infidelity may be emotional and psychological, or sexual. While infidelity does not have to lead to the end of a marriage, the consecration required to redeem a marriage from infidelity is monumental in its scope and sacrifice. This presentation will present fundamental steps in understanding infidelity and healing processes. Furthermore, the presentation will identify important relationship preparations and stabilizing factors that can aid the couple in effectively addressing the trauma of infidelity in marriage.
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: 1.0 Level of Learning: Intermediate

4:30 pm Benediction

Friday, August 29, 2006

8:00 - 8:15 am **Registration and CE Check-in**

8:30 - 8:45 am **Welcome: Rebecca Jorgensen PhD**

8:45 - 9:45 am **Keynote Address: "Turning the Hearts: Why only Prioritizing of Family Relationships can Save the World," Linda & Richard Eyre.**
Richard is a Harvard-educated management consultant, and Linda, a writer, musician, and teacher have been lecturing world wide on parenting, life balance, and family strengthening. Parenting and how well we do it may determine the long range-happiness of our children and ourselves! It may also determine the future of our world. For thirty years the Eyre's have enjoyed writing and speaking to parents all over the world. They will elaborate on their mission statement which is: *"FORTIFY FAMILIES by popularizing parenting, bolstering balance, and validating values."* Richard and Linda will also discuss the two scriptural admonitions for our day: "Turn the Hearts" and "Repair the Breach" and discuss how globalization may help with one but work against the other. They will conclude with what they have come to believe are the five common elements of strong and happy families, irrespective of where in the world they are found
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: 0 Level of Learning: Intermediate

9:45 -10:00 am **Break**

10:00-10:50 am **Plenary Session "The Characteristics of a More Functional Family!" James Macarthur, Ph.D Associate Director of the Counseling and Career Center at BYU; Recipient of the Karl G. Maeser Professional Faculty in Excellence Award 2001. Author: "Everyday Parents Raising Great Kids"; currently writing a second book with a working title "Trouble: We All Have It, What Do We Do With It."**
A functional family is not a perfect family, but it is one where its members feel that, with all its strengths and weaknesses, their family is a unified organization that is intended to strengthen each member. In this presentation, Macarthur combines personal, clinical and academic experiences to share a group of characteristics that are common among healthy and functional families. Tools for evaluating and teaching these characteristics to families will also be provided.
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: 1.0 Level of Learning: Intermediate

11:00-12:25 AM **Concurrent Workshops**

1. "Teenagers and Addiction " *Dean Belnap, M.D Psychiatry, 30 years private practice, faculty member U of U Medical School, Child Psychiatric consultant to several local community mental health clinics, and served as President of the Utah School Board Assoc.*
Psych Credit: 1.5; NBCC Credit Hours: 1.5; CBBS Credit Hours: 1.5; NASW Credit Hours: 1.5 Level of learning: Intermediate
2. "Marital Intimacy" Robert Stahmann Ph.D., professor and chair of the Marriage and Family Therapy graduate program at BYU.

Academic Emphasis

Clinical Emphasis

Psych Credit: 1.5; NBCC Credit Hours: 1.5; CBBS Credit Hours: 1.5; NASW Credit Hours: 1.5 Level of learning: Intermediate

3. "Helping Families through Helping Men" *Richard Isakson PhD, Clinical Professor of Counseling Psychology, Director of Training Counseling and Career Center; James Macarthur PhD Associate Director of the Counseling and Career Center at BYU (see above).*
Psych Credit: 1.5; NBCC Credit Hours: 1.5; CBBS Credit Hours: 1.5; NASW Credit Hours: 1.5 level of learning: Intermediate

4. "The Relationship Between Forgiveness and Marital Satisfaction" *Russell C. Gaede, Psy.D., LPC, works at Provo Canyon School working with adolescent girls and their families; Adjunct Professor in Behavioral Sciences at Utah Valley State College.*
Psych Credit: 1.5; NBCC Credit Hours: 1.5; CBBS Credit Hours: 1.5; NASW Credit Hours: 1.5 level of learning: Intermediate

12:30-1:45 pm

Lunch – Elections Results- Awards

Service to AMCAP Award- *Doug Brinley, Ph.D., Rebecca Jorgensen, Ph.D., Robert Gleave, Ph.D. & Edward Martinelli, Ph.D.*
Musical Number: *Julie de Azevedo Hanks*

1:15-1:45 pm

Poster Session (please contact Kari O'Grady if interesting in presenting a poster kio3@email.byu.edu)

1:50 - 3:15 pm

Concurrent Workshops (note: Discussion groups do not offer CEU credits. If you need CEU's attend Barbara Geirig's presentation.)

1. "Future Vision for AMCAP Discussion Group" facilitator: *John Livingstone, Ed.D, current AMCAP President.*
We are at an interesting juncture in AMCAP. Providing continuing education credits has become a main feature of our conventions. Evolving technology is making the option of obtaining future online continuing education credits through AMCAP an interesting possibility too. Should we go there? Another development is AMCAP's becoming a 501(c)3 organization that may receive donations from individuals and foundations. Should we hire a part-time executive director who could help further the aims of AMCAP? Could both the executive director and the board could benefit from an "advisory council" made up of former Church leaders and retired professionals who have made an outstanding contribution to the field of mental health? Come join the discussion on these and any other topics related to the future of AMCAP
Psych Credit: 0; NBCC Credit Hours: 0; CBBS Credit Hours: 0; NASW Credit Hours: 0 Level of Learning: Intermediate

2. "Academic Interests and AMCAP Discussion Group" facilitator: *Robert Gleave, Ph.D. Board Member*
In this discussion group, we will briefly outline the history of AMCAP and Academic Interests and learn from where we have been and be look toward where we want to go in the future. The open forum and discussion is intended to identify the academic interests and needs of AMCAP members whom also are professional educators and researchers. Possible questions for discussion include: 1) How can we effectively outreach to academic professionals? 2) What does the AMCAP organization need to further develop in order to appeal to this specific group? 3) How can clinicians and academics be more unified and strengthen one another? 4) How can the community of academics use AMCAP for the greatest good?
Psych Credit: 0; NBCC Credit Hours: 0; CBBS Credit Hours: 0; NASW Credit Hours: 0 Level of Learning: Intermediate

3. "Helping and Healing our Families: Discussion Group" facilitators: *Shane Adamson LCSW & Rebecca Jorgensen Ph.D., Board Members*
This conference addresses many topics related to helping and healing families. The first focus of this discussion group to allow AMCAP members a forum to expound and process some of the ideas presented at this conference. Specifically, how can we has clinicians, educators, parents, spouses apply some of these ideas in our homes, schools, and clinical practice? In part two of the discussion group, we hope to draw on the strength of our diverse AMCAP members by brainstorming ways we can use our combined talents, interests, and organization to more effectively help and heal families. Possible questions to discuss: 1) How can we better use the AMCAP Website & discussion board? 2) Would it be helpful to develop subchapters in AMCAP in areas such as: marriage, parenting, family? 4) How can we best unite our talents, interests and passions for the greatest good? Come join in a lively discussion about helping and healing families.
Psych Credit: 0; NBCC Credit Hours: 0; CBBS Credit Hours: 0; NASW Credit Hours: 0 Level of Learning: Intermediate

4. "Teaching Families how to Self-Correct Teachings about Self-Worth" *Barbara Gearig LCSW, Certified Trauma and Loss Consultant*
Presented numerous seminars on relationships, mental health issues, church training and abuse; Private practice
Psych Credit: 1.5; NBCC Credit Hours: 1.5; CBBS Credit Hours: 1.5; NASW Credit Hours: 1.5 level of Learning: Intermediate

3:15-3:25 pm

Break

3:25-4:25 pm

Plenary Session "Identifying Mental Health Resources for LDS and Other Religious Clients", *Dr. Rick Hawks, Elder Rulon Craven, Gawain Wells, Ph.D.* There is an epidemic of mental, social and emotional problems. Members of various religions rely on their respective beliefs and religious leaders for guidance in their personal lives regarding mental illness and other emotional problems. The religious community's challenge of dealing with mental health issues, often lacking faith based resources, is enormous. Religious leaders and their members have an ongoing need for easily accessible and useful mental health resources as well as practical guides for using such resources. The Mental Health Resource Foundation and other methods of providing such resources will be discussed
Psych Credit: 1.0; NBCC Credit Hours: 1.0; CBBS Credit Hours: 1.0; NASW Credit Hours: 1.0 Level of Learning: Intermediate

4:30 pm

Concluding Remarks *Shane Adamson LCSW, John P. Livingstone, Ed.D.*

4:45 pm

Board Meeting

Academic Emphasis

Clinical Emphasis

Presentation Summaries, Learning Objectives, Presenter Bio-sketch can be found at www.amcap.net

Parking validations available at the registration table for the Joseph Smith Memorial Building parking lot only

AMCAP Spring 2007 Convention March 29-30, 2007 Pre-Convention March 28th **MATTERS OF THE HEART: Curing, Connecting and Collaborating**

AMCAP is approved by the American Psychological Association to offer continuing education credits for psychologists. AMCAP maintains responsibility for the program. Total number of credits available for this conference: 12 hrs (6 on Thursday and 6 on Friday)

AMCAP is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines (Provider # 5727). Total number of CE credits available for this conference: 12 hrs (6 on Thursday and 6 on Friday)

Courses meet the qualifications for 12 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences (Provider #1889)

NASW has approved 10 hours of Continuing Education credits for Social Workers



AMCAP is receiving many requests to display books, pamphlets and other written and media works at our conventions. We believe this is a great resource for our members to be able to have access to works that are helpful to LDS counselors and psychotherapists. We include works that are specifically written for LDS people with mental health and counseling concerns, clinicians who treat these individuals and others who are interested in mental health and counseling issues from an LDS perspective. We also include works that are not LDS specific but are written by LDS authors or material that may be highlighted in AMCAP presentations and useful to our members. We ask that all works displayed are consistent with official LDS teachings and doctrine and do not in any way promote disregard for LDS leadership, values and principles. Because the volume and diversity of LDS material that is brought for sale and distribution is increasing, the board has adopted a policy of review for items available at the bookstore. Please send a written request to distribute materials at the bookstore to Kristin Lang Hansen by September 10th for distribution at the Fall Convention. Please include a copy of the book, video, pamphlet or other material that you would like to display or distribute at the convention. Kristin's mailing address is Dr. Kristin Hansen, P.O. Box 27906, 1500 WSC, BYU, Provo, UT 94602 Electronic material can be sent via email to Sabrahlang@yahoo.com We hope AMCAP can continue to serve our members by helping you to distribute, display, and access information that helps in furthering your work in serving Latter-day Saints with mental health and counseling concerns.